

15-Day NDA Preparation Strategy: Smart Plan to Crack the NDA 1 Exam 2026

The **National Defence Academy Examination (NDA)** conducted by the **Union Public Service Commission (UPSC)** is one of the most competitive defence exams in India.

The last **15 days before the [NDA exam](#)** are **extremely crucial**, as they determine how effectively you revise, practice, and manage exam pressure.

Instead of starting new topics, aspirants should focus on **revision, mock tests, and improving speed and accuracy**.

A smart and structured plan during the final days can significantly boost performance in both **Mathematics** and the **General Ability Test (GAT)**.



Days 1-5: Strengthen Core Concepts

During the first five days, focus on **revising important topics and identifying weak areas**. Avoid learning completely new chapters and concentrate on strengthening concepts you already studied.

NDA Mathematics Preparation

- Revise key topics such as **Algebra, Trigonometry, Calculus, and Coordinate Geometry**.
- Solve [previous-year NDA questions](#) to understand the exam pattern.
- Practice numerical problems daily to improve calculation speed.

NDA GAT Preparation

- Revise **English grammar rules, vocabulary, synonyms, antonyms, and comprehension.**
- Study important **science topics like laws of motion, optics, chemical reactions, and human physiology.**
- Quickly revise **history, geography, and polity** basics.

Days 6-10: Mock Tests and Performance Analysis

The next phase should focus on **practice and exam simulation**. Mock tests help improve time management and accuracy.

Daily Strategy

- Attempt **one full-length mock test every day** under exam conditions.
- Spend **2–3 hours analyzing mistakes** after each test.
- Identify recurring errors and revise those topics again.

Important Focus Areas

- Increase **speed in mathematics without reducing accuracy.**
- Practice **English grammar and vocabulary**, which can be a scoring section.
- Revise **current affairs from the last 6 months** for the GAT section.

Days 11-13: Rapid Revision

The last few days before the exam should focus on **quick revision** and **memory recall**.

What to Revise

- Formula sheets for mathematics
- Important historical dates and events
- Science definitions and concepts
- English grammar rules and vocabulary

Use **short notes or flashcards** to revise quickly. This method helps improve **retention and quick recall during the exam**.

Also revise questions that you answered incorrectly in mock tests so that the same mistakes are not repeated in the exam.

Day 14: Full Revision Day

This day should be dedicated entirely to [complete NDA syllabus revision](#).

Focus on:

- Key formulas in mathematics
- Important GK facts and current affairs
- English grammar rules
- Previous mistakes from mock tests

Avoid taking new mock tests on this day and instead **revise your notes and important concepts**.

Day 15: Relax and Prepare Mentally

The final day before the NDA exam should be focused on mental preparation rather than heavy studying.

Important Tips

- Do **light revision only**.
- Sleep for **7-8 hours to stay fresh and focused**.
- Prepare your **admit card, ID proof, and stationery**.
- Stay calm and confident before entering the exam hall.

Additional Tips for the Last 15 Days

1. Focus on Strong Topics

Instead of covering everything, strengthen topics where you can score maximum marks.

2. Solve previous year's papers.

Previous NDA papers help identify **frequently asked question patterns**.

3. Improve Speed and Accuracy

The NDA exam requires **fast problem-solving and time management**.

4. Maintain Good Health

Eat healthy food, stay hydrated, and take short breaks during study sessions.

5. Stay Positive and Confident

Confidence and discipline play a major role in performing well in the exam.

Conclusion

The **last 15 days before the NDA exam** can significantly impact your final result. Instead of stressing about unfinished topics, focus on **revision, mock tests, and strategic preparation**.

By following a structured plan, improving speed, and maintaining a positive mindset, aspirants can increase their chances of success in the **National Defence Academy examination**.

A disciplined approach during these final days can bring you one step closer to becoming an officer in the **Indian Armed Forces**. The candidate can check the [answer key](#) at 5 P.M. on **12th April** at [Major Kalsi Classes \(MKC\) official website](#).

Frequently Asked Question

1. Is 15 days enough to prepare for the National Defence Academy examinations?

Yes, with focused revision, mock tests, and smart topic selection.

2. What should I focus on in the last 15 days of NDA preparation?

Focus on Mathematics formulas, English grammar, and important GK topics.

3. How many mock tests should I attempt before the NDA exam?

Try to attempt 5-7 full-length mock tests in the last 15 days.

4. Should I learn new topics during the last 15 days?

No, mainly revise important concepts and practice questions.

5. Who conducts the NDA exam?

The exam is conducted by the Union Public Service Commission.

6. Is solving previous year papers helpful for NDA preparation?

Yes, it helps understand the exam pattern and important topics.