



NDA 1 2027

NDA 2027 Eligibility & Medical Self-Check Pack

Age, education, wing-wise eligibility, height, weight, eyesight, tattoos and medical readiness - in one practical checklist.

Use this before you apply. It helps you identify obvious eligibility issues early and know what needs verification before the official medical examination.

AGE / DOB

Check

Expected NDA 1 2027 DOB window and proof rules.

WING CHOICE

Match

Army vs Navy vs Air Force / INA education rules.

MEDICAL

Pre-check

Height, weight, vision, tattoo and common medical flags.

What This Pack Helps You Check

- ☐ Core NDA eligibility: nationality, marital status, age and education
- ☐ Which NDA wings you can actually choose
- ☐ Height, weight and chest quick checks

- ☐ Eyesight and refractive-error standards
- ☐ Common medical issues worth checking early
- ☐ Tattoo rules and medical-board pathway

Important: NDA 1 2027 notification is scheduled for **2 December 2026**. The 2027 DOB window below is an expected projection from the current rule pattern. Medical figures are based on the official UPSC NDA & NA (I) 2026 notification and must be rechecked against the 2027 notice when released.

STEP 1

Core NDA Eligibility Self-Check

Start with the non-medical rules. A medical check matters only after the basic eligibility conditions are satisfied.

- ☐ I am **unmarried** and understand candidates must remain unmarried during the prescribed training period.
- ☐ I understand NDA is open to **male and female** candidates under the same notified age/DOB window.
- ☐ My DOB is within the expected NDA 1 2027 window shown on page 4.
- ☐ My DOB exactly matches my **Class 10 / Matriculation or equivalent certificate**.
- ☐ I have passed Class 12 / equivalent, or I will be appearing in Class 12 when applying.
- ☐ I am **not** appearing only in Class 11. Class 11 students are not eligible under the current rule.

Nationality Rule - Quick Reference

Directly covered

Citizen of India, or a subject of Nepal.

Certificate may be needed

Specified persons of Indian origin who migrated from the countries listed in the UPSC notice with the intention of permanently settling in India.

- ☐ I am a citizen of India.
- ☐ I am a subject of Nepal.
- ☐ I fall under a notified person-of-Indian-origin category and will verify certificate-of-eligibility requirements.
- ☐ I will recheck the exact 2027 nationality wording before applying.

Do not use a birth certificate, horoscope or affidavit as a substitute for the DOB document UPSC accepts. Under the current rule, the DOB entered in your application must match the Matriculation/Secondary School certificate or recognized equivalent.

Core-rule warning: A self-check can identify obvious mismatches, but the UPSC notification and service authorities decide eligibility.

STEP 2

Which NDA Wings Can You Choose?

Your Class 12 subjects determine whether you can opt for Army only or also Navy, Air Force and Indian Naval Academy.

WING / COURSE	EDUCATION RULE IN CURRENT NOTIFICATION	YOUR CHECK
Army Wing - NDA	Class 12 pass / appearing from a recognized board or equivalent. Any stream.	
Navy Wing - NDA	Class 12 pass / appearing with Physics, Chemistry and Mathematics (PCM) .	
Air Force Wing - NDA	Class 12 pass / appearing with Physics, Chemistry and Mathematics (PCM) .	
10+2 Cadet Entry - INA	Class 12 pass / appearing with Physics, Chemistry and Mathematics (PCM) .	

Fast Decision Guide



If you are appearing in Class 12

- ☐ I understand appearing candidates can apply provisionally.
- ☐ I will submit proof of passing by the date prescribed in the 2027 notification.

If you are in Class 11

- ☐ I understand Class 11 students cannot apply yet.
- Use the time to prepare, but wait until you meet the Class 12 appearing/passed condition.

Air Force Flying: Education eligibility alone does not guarantee Flying Branch eligibility. SSB, CPSS and stricter flying medical/anthropometric standards also apply.



STEP 3

Age, DOB & Attempts Checker

NDA eligibility is decided by an exact date-of-birth window, not simply by saying "16.5 to 19.5 years."

EXPECTED NDA 1 2027 EARLIEST DOB

1 Jul 2008

Projected from the NDA I 2026 DOB rule shifting forward by one year.

EXPECTED NDA 1 2027 LATEST DOB

1 Jul 2011

Final range must be checked in the 2 Dec 2026 notification.

- ☐ My DOB falls within the **expected** 1 Jul 2008 - 1 Jul 2011 window.
- ☐ I will enter the DOB carefully because UPSC does not normally allow later changes once recorded.
- ☐ The same DOB appears on my Class 10 / Matriculation certificate.
- ☐ I will recheck the official 2027 DOB range after notification release.

How Many NDA Attempts Do You Get?

There is no separate fixed "attempt limit" in the current NDA eligibility rule. Your practical number of attempts depends on how many NDA I and NDA II cycles your DOB remains inside the notified window.

STEP 1

DOB

Write your exact certificate DOB.

STEP 2

Compare

Match it with each NDA cycle's official DOB window.

STEP 3

Count

Every cycle where your DOB fits is a possible attempt.

No automatic category age relaxation: Do not assume SC/ST/OBC or any other category extends the NDA DOB window unless the official notice explicitly says so.

STEP 4

Height, Chest & Physique Quick Check

Height standards differ by service and branch. Use this as a pre-check - not as a medical-board result.

REFERENCE	MALE	FEMALE	IMPORTANT NOTE
Army / general NDA reference	157 cm	152 cm	Relaxations apply to specified regional/ethnic categories; Army section also allows a 2 cm growth allowance below age 18.
Navy baseline	157 cm	152 cm	2026 notice gives category relaxations; Navy Pilot/Observer rules can be stricter.
Air Force Ground Duty	157 cm	152 cm	Lakshadweep and specified hill/NE relaxations are listed in the current notice.
Air Force Flying	Stricter - generally around 162-163 cm depending flying role		Also uses sitting height, leg length and thigh length standards.

Chest reference

77 cm

Minimum recommended chest circumference in the current Air Force section, with **at least 5 cm expansion**.

Your pre-check

- ☐ I measured my height accurately without footwear.
- ☐ I checked the standard for my specific target service/branch.
- ☐ If claiming a height relaxation, I will verify whether my category is specifically covered.

Physique Checks Worth Noticing Early

- ☐ No known significant spine/chest/pelvis deformity affecting function.
- ☐ No major speech impediment.
- ☐ No known knock knees, bow legs, major joint deformity or functional limitation.
- ☐ No known significant hearing impairment.

Medical Board decides fitness. A height or physique self-check cannot replace official measurement and specialist examination.

STEP 5

Height-Weight Quick Reference

Selected values from the official NDA (Army) 17-20 years chart. Weight should remain proportionate to height.

HEIGHT	MINIMUM WEIGHT	17-20 YRS UPPER REFERENCE	YOUR CHECK
152 cm	41.6 kg	50.8 kg	
155 cm	43.2 kg	52.9 kg	
160 cm	46.1 kg	56.3 kg	
165 cm	49.0 kg	59.9 kg	
170 cm	52.0 kg	63.6 kg	
175 cm	55.1 kg	67.4 kg	
180 cm	58.3 kg	71.3 kg	
185 cm	61.6 kg	75.3 kg	
190 cm	65.0 kg	79.4 kg	

If you are below the minimum

The current standards state that weights below the specified minimum are not accepted. Do not try crash weight-gain methods; use sensible nutrition and medical guidance if needed.

If you are above the listed range

Some muscular / sports candidates can be assessed exceptionally, with BMI, waist-hip ratio and biochemical parameters considered by the medical specialist.

- ☐ I measured height and weight on the same day using a reliable scale.
- ☐ I will avoid unsafe crash diets or rapid weight manipulation before medicals.
- ☐ I understand Navy and Air Force use their own height-weight tables.
- ☐ I will verify the exact 2027 service table for my target branch.

Why selected values? This page is a fast self-check. Your detailed height-weight article can carry the complete service-wise tables; the official medical board uses the full current standards.

STEP 6

Eyesight & Vision Self-Check

Vision standards differ sharply between Army, Navy, Air Force Ground Duty and Flying roles.

CURRENT 2026 REFERENCE	UNCORRECTED / CORRECTED VISION	REFRACTIVE LIMITS	COLOUR VISION
Army - NDA / 10+2 entries	Uncorrected up to 6/36 & 6/36; BCVA 6/6 & 6/6	Myopia < -2.5D sph; Hypermetropia < +2.5D sph; astigmatism within +/-2.0D cyl	CP-II
Navy / NA reference	6/12 & 6/12 uncorrected; 6/6 & 6/6 corrected	Myopia -1.0D sph; Hypermetropia +2.0D sph; Astigmatism +1.0D cyl	CP Pass
Air Force - Ground Duty NDA entry	6/36 & 6/36 uncorrected; 6/6 & 6/6 best corrected	Myopia -2.5D sph; Hypermetropia +2.5D sph; Astigmatism +/-2.0D cyl	CP-II
Air Force - Flying	6/6 one eye and 6/9 other; correction restricted	Manifest myopia: Nil; Hypermetropia +1.5D sph; Astigmatism +0.75D cyl within max limits	CP-I

Your Vision Checklist

- ☐ I know my recent eye-test values for each eye.
- ☐ I have no known colour-vision issue, or I will verify it professionally.
- ☐ If I have had LASIK/PRK/SMILE or other refractive surgery, I will check branch-specific restrictions before assuming eligibility.
- ☐ I know my myopia / hypermetropia / astigmatism prescription values.
- ☐ I have no known squint or significant eye condition.
- ☐ If targeting Flying, I understand standards are stricter than general NDA entry.

Do not self-certify eyesight from a spectacle number alone. The Medical Board evaluates visual acuity, refractive error, colour perception, ocular health and other branch-specific factors.

STEP 7

Medical Issues to Check Early

These are examples from the current standards. Some may be treatable or assessed case-by-case; only the Medical Board can decide fitness.

Common correctable / frequently found issues

- ☐ Ear wax / ENT issue checked
- ☐ Deviated nasal septum / chronic tonsil issue reviewed if symptomatic
- ☐ Underweight / overweight addressed sensibly
- ☐ Chest / respiratory concerns reviewed
- ☐ Known piles / varicocele / hydrocele or similar issue discussed with a doctor

Conditions the board may scrutinize

- ☐ Spine, limb, joint or congenital deformity
- ☐ Heart / blood pressure / lung disease history
- ☐ Significant skin disease or recurrent infection
- ☐ Neurological / seizure / balance history
- ☐ Major dental / jaw problems affecting function

Tattoo Policy - Current Rule

Generally permitted: permanent tattoos on the inner face of the forearm (inside elbow to wrist) and on the reverse / dorsal side of the hand.

Generally not accepted: permanent tattoos on other parts of the body.

Customary tribal tattoos: may be considered case-by-case under the competent authority.

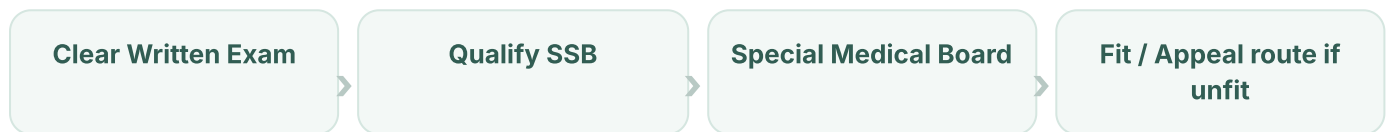
- ☐ I have no permanent tattoo.
- ☐ My tattoo is only in a currently permitted location.
- ☐ If it is a customary tribal tattoo, I will carry proof / seek official clarification.
- ☐ I will recheck the 2027 notification before assuming acceptance.

Female candidates: the current notice applies the same general medical principles and also provides a service medical examination specific to female candidates. Certain gynaecological conditions, including pregnancy at NDA entry, are addressed separately by the official standards.

STEP 8

What Happens at the Medical Board?

The self-check gets you prepared. The official Armed Forces Medical Board decides whether you are medically fit.



Current Medical Pathway

- ☐ I will carry the identification and documents requested by the SSB / medical authorities.
- ☐ I understand the Medical Board may order additional tests if clinically required.
- ☐ I understand specialist examinations and investigations can include blood, urine, X-ray and ultrasound tests.
- ☐ I understand online checklists, coaching institutes or private doctors cannot declare official NDA medical fitness.

If declared unfit

The current procedure provides information on an **Appeal Medical Board (AMB)**. Service-specific timelines and instructions must be followed exactly.

After the appeal

A **Review Medical Board (RMB)** may exist under the prescribed rules, but it is not automatically a matter of right and procedures vary by service.

30-Day Medical Readiness Checklist

- ☐ Get a proper eye examination if your vision is uncertain.
- ☐ Address persistent ENT symptoms instead of waiting until SSB.
- ☐ Keep records for prior surgery, eye procedures or significant treatment.
- ☐ Fix obvious dental hygiene / tooth problems early.
- ☐ Move toward a healthy, sustainable weight gradually.
- ☐ Do not hide medical history; answer medical questions accurately.

Do not undergo surgery only because an online checklist suggested it. If you have a medical concern, get professional medical advice and check the service-specific standards before making treatment decisions.



FINAL CHECK

Your NDA Eligibility Dashboard

Tick the boxes below only after working through the full pack. Use the result to decide what you need to verify next.

Core eligibility

- ☐ DOB fits expected window
- ☐ Unmarried requirement understood
- ☐ Education matches target wing
- ☐ Nationality rule checked

Medical pre-check

- ☐ Height / weight checked
- ☐ Eyesight values checked
- ☐ Tattoo rule checked
- ☐ Known medical issues reviewed

What Your Result Means

MOSTLY CLEAR

Proceed

You appear to meet the obvious pre-checks. Reconfirm everything after the official notification.

SOMETHING UNCLEAR

Verify

DOB, PCM, height, vision or a medical history needs official clarification or professional assessment.

CORE MISMATCH

Recheck

If DOB, marital status or education does not match the rule, do not assume medical fitness can override it.

Final reminder: This pack is an educational pre-check based on the current official framework. It does not certify eligibility or medical fitness. Always use the NDA & NA (I), 2027 UPSC notification and the competent Armed Forces Medical Board as the final authority.

Eligibility checked? Now test your preparation.

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